

類別 Items	檢 查 項 目 Examination Items	Woman	Male	可 瞭 解 症 狀 Information
一般 檢查 General Examination	身高、體重、體溫、脈搏、呼吸、血壓、腰圍 Height, Body Weight, Body Temperature, Pulse Rate, Respiratory Rate, Blood Pressure, Waistline	☆	☆	瞭解身體基本功能是否正常 Basic body function analysis.
	理學檢查：頭頸部、呼吸系統、心臟血管系統、消化系統、神經系統、肌肉骨骼、皮膚 Physical Examination (including head and neck, respiratory system, cardiovascular system, digestive system, nervous system, musculoskeletal system and skin)	☆	☆	甲狀腺、淋巴腺、下肢水腫、心雜音、氣喘 General physical analysis. To detect signs of disease and anatomical abnormalities.
呼吸 系統 Pulmonary Function	※胸腔X光檢查對於某些區域或微小型病灶敏感度不高，可配合低劑量肺部電腦斷層提高診斷效果			
	胸部正面X光 Chest X-Ray, PA View	☆	☆	肺結核、肺炎、肋膜積水、支氣管擴張、心臟肥大、肺腫瘤 Pulmonary TB, pneumonia, pleural effusion, bronchiectasis, emphysema, cardiomegaly, lung tumor.
婦科 檢查 Gynecologic Examination	子宮、卵巢超音波(含會診) Sonography of Uterus, Ovary, and Adnexal Structures	☆		子宮、卵巢及附屬器官組織是否正常 Check for presence of uterine, ovarian and adnexal abnormalities.
	子宮頸抹片檢查(含會診) Pap Smear	☆		子宮頸炎、子宮頸糜爛及子宮頸癌症 Evaluate cervicitis, cervical erosion, and cervical cancer.
男性泌尿科檢查 Male Urological Examination	男性精蟲分析 Sperm Analysis		☆	男性精蟲數及活動能力 Male sperm count and mobility
	陰囊超音波 Scrotal Sonography		☆	【陰囊超音波】可瞭解： (1) 急性睪丸炎、睪丸扭轉、睪丸腫瘤等 (2) 副睪丸發炎、囊腫 (3) 陰囊水腫或疝氣 (4) 精索靜脈曲張、精液囊腫、精索發炎、甚至於異物結節等，都可以由陰囊超音波輔助做鑑別診斷 Scrotal sonography can detect: (1) Acute orchitis, testicular torsion, testicular tumor, etc. (2) Epididymitis, epididymal cyst (3) Hydrocele, inguinal hernia (4) Varicocele, seminal vesicle syst, corditis, etc.
心血管系統 Cardiovascular System	靜止心電圖 Resting ECG (or EKG)	☆	☆	心律不整、心肌肥大、心肌缺氧、傳導異常 To detect : (1) Cardiac arrhythmia (2) Cardiomegaly (3) Myocardial ischemia (4) Conduction defect
	【心血管病變危險因子檢驗】 Cardiovascular Risk			
	三酸甘油酯 (TG) Triglyceride	☆	☆	(1) 血脂肪代謝異常 (2) 動脈硬化症 (3) 潛在性心臟血管病變危險因子 (4) 體內異常發炎
	總膽固醇 (T-CHOL) Total Cholesterol	☆	☆	
	高密度脂蛋白膽固醇 (HDL-C) High-Density Lipoprotein Cholesterol	☆	☆	
	低密度脂蛋白膽固醇 (LDL) Low-Density Lipoprotein Cholesterol	☆	☆	
心臟血管疾病危險因子 (T-choI/HDL) Total Cholesterol to HDL Ratio	☆	☆		
消化系統 Digest System	腹部超音波 (肝、膽、腎、胰、脾、門靜脈) Abdominal Sonography: Liver, Gallbladder, Kidneys, Pancreas, Spleen, Portal Vein	☆	☆	肝、膽、腎、胰、脾臟等器官結構是否正常 Diseases and structural abnormalities of liver, gallbladder, kidneys, pancreas and spleen.
	糞便檢查: 潛血免疫法 (EIA) Fecal Occult Blood	☆	☆	大腸直腸癌篩檢 Screening test for colon cancer.

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肝臟檢查 Liver System	【肝臟功能檢驗】 Liver Function			
	總膽紅素 Total Bilirubin	☆	☆	肝病、膽道疾病、肝炎、肝功能異常、肝硬化症、營養狀態 Check for disease of liver and biliary tract, hepatitis, abnormal liver function, liver cirrhosis, etc.
	鹼性磷酸酵素 (ALK-P) Alkaline Phosphatase	☆	☆	
	麩草酸轉胺酵素 (SGOT) Serum Glutamic Oxaloacetic Transaminase	☆	☆	
	麩丙酮酸轉胺酵素 (SGPT) Serum Glutamate Pyruvate Transaminase	☆	☆	
	轉磷酵素 (GGT) Gamma Glutamyl Transpeptidase	☆	☆	
	【病毒性肝炎標記】 Serology			
	B型肝炎表面抗原 (HBsAg)	☆	☆	B型肝炎感染狀態 Hepatitis B (HBV) carrier status.
	B型肝炎表面抗體 (Anti-HBs)	☆	☆	是否具B型肝炎之免疫力 Immunity to HBV.
	C型肝炎抗體 (Anti-HCV)	☆	☆	C型肝炎感染狀態 Hepatitis C carrier status.
內分泌代謝系統 Endocrine and Metabolic System	【糖尿病檢驗】 Diabetes Tests			
	飯前血糖 AC Sugar	☆	☆	糖尿病、低血糖症 A survey for diabetes mellitus and hypoglycemia.
	糖化血色素 (HbA1c) Hemoglobin A1c	☆	☆	前三個月血糖平均值 To show the average level of blood sugar over the previous 3 months.
	【甲狀腺功能檢驗】 Thyroid Function			
	游離甲狀腺素 (Free T4) Free Thyroxine	☆	☆	甲狀腺機能亢進症或甲狀腺機能低下症 Hyperthyroidism Hypothyroidism
腫瘤標記 篩檢 Tumor Markers Screening	※輔助篩檢腫瘤，但仍需配合其它檢查。包括內視鏡、超音波、核磁共振、電腦斷層或正子掃描等；腫瘤標記數值也可能在非腫瘤疾病			
	甲型胎兒蛋白 (AFP) (肝臟) Alpha-Fetoprotein	☆	☆	肝腫瘤、生殖腺腫瘤 Liver tumor, reproductive organ tumor.
	癌性胚胎抗原 (CEA) (腸胃道、肺腺體) Carcinoembryonic Antigen	☆	☆	消化系統腫瘤、肺癌等 Digestive system tumors, lung cancer, etc.
	婦女生殖器 (CA125) (適女性) Cancer Antigen 125 (Applicable to Female)	☆	☆	卵巢及其它婦女生殖器腫瘤 Ovarian tumor and other female reproductive system tumor.
泌尿腎臟系統 Urinary System	【腎臟功能檢驗】 Renal Function			
	血中尿素氮 (BUN) Blood Urea Nitrogen	☆	☆	腎臟功能障礙 Evaluation of renal function.
	肌酸酐 Creatinine-Serum	☆	☆	可評估腎功能及是否有腎衰竭、尿毒症等 To evaluate renal function, and to detect renal failure, uremia, etc.
	尿酸 Uric Acid	☆	☆	高尿酸血症 To detect hyperuricemia.
	腎絲球過濾率 (eGFR) Estimated Glomerular Filtration Rate	☆	☆	評估腎臟功能是否有異常或是早期退化的指標 To detect early signs of kidney damage.
	微量白蛋白 (尿液) Microalbumin-Urine	☆	☆	
	肌酸酐 (尿液) Creatinine-Urine	☆	☆	
	微量白蛋白/肌酸酐 (尿液) (ACR) Microalbumin / Creatinine-Urine Ratio	☆	☆	
	【尿液檢驗】 Urinalysis			
	外觀 Appearance	☆	☆	(1) 蛋白尿、腎病症候 (2) 泌尿道感染 (3) 糖尿病、黃疸 (4) 血尿、泌尿道結石 (1) Proteinuria, nephrotic syndrome, (2) Urinary tract infection, (3) Diabetes, jaundice, (4) Hematuria, urinary tract stone, etc.
比重、酸鹼度、尿膽素原、尿蛋白、尿糖、酮尿、膽紅素、潛血、白血球、亞硝酸鹽 Specific Gravity, pH Value, Urobilinogen, Protein, Glucose, Ketone Body, Bilirubin, Occult Blood, WBC, Nitrite	☆	☆		
沉渣:紅血球、白血球、表皮細胞、圓柱體 Sediment: RBCs, WBCs, Epithelial Cells, Casts	☆	☆		

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血液常規 檢驗 Blood Routine	白血球 (WBC) White Blood Cell	☆	☆	貧血 (缺鐵、海洋性貧血)、血液凝固功能、白血病及其他血液癌症、細菌性感染 Anemia(iron-deficiency, thalassemia), coagulation functions, leukemia, other blood diseases, and bacterial infection.	
	白血球分類 (DC) WBC Differential Count	☆	☆		
	紅血球 (RBC) Red Blood Cell	☆	☆		
	血紅素 (Hb) Hemoglobin	☆	☆		
	血球容積 (HCT) Hematocrit	☆	☆		
	血小板 Platelet	☆	☆		
	平均紅血球容積 (MCV) Mean Corpuscular Volume	☆	☆		
	平均血球血紅素 (MCH) Mean Corpuscular Hemoglobin	☆	☆		
	平均血球血紅素濃度 (MCHC) Mean Corpuscular Hemoglobin Concentration	☆	☆		
	血型及RH因子 Blood type and RH factor	☆	☆		A、B、O、AB血型及RH因子 Blood type and RH factor
	【遺傳性檢查】 Hereditary disease				
	血色素電泳分析 (HbEp) Hemoglobin electrophoresis	☆	☆	海洋性貧血篩檢 Thalassemia screening	
	葡萄糖六磷酸脫氫酶 (G6PD) Glucose-6-Phosphate Dehydrogenase	☆	☆	蠶豆症之篩檢 Glucose-6-Phosphate Dehydrogenase deficiency screening	
	【荷爾蒙檢查】 Hormonal examination				
	皮質醇 (Cortisol)		☆	分析壓力的程度及抗壓力荷爾蒙是否平衡 Analysis of pressure and anti-stress hormone balance or not	
脫氫異雄固酮硫酸鹽 (DHEA-S) Dehydroepiandrosterone		☆			
【傳染病檢查】 Infectious Tests					
梅毒血清檢查 (RPR) Serologic tests for syphilis	☆	☆	是否感染梅毒 syphilis screening		
AIDS血清抗體 (Anti-HIV) AIDS serum antibody	☆	☆	是否感染愛滋病 AIDS screening		
德國麻疹抗體 (Rubella IgG) Rubella antibody	☆		是否有德國麻疹抗體 Have Rubella antibody or not		
專業諮詢 Medical Consultation	醫師親自解說報告 (上午) Explanation of Data	☆	☆	醫師一對一諮詢 A certified Internist or Family Physician will analyze the data and advise accordingly.	

備註
P.S.

1. Value-added services : Lianan Health Management Center provides medical referrals, assistance, advisory reports, daily nutrition advisory, and other advisory services.

2. Value-added services : At the examination day, We offer a set of delicious vegan meal by senior nutritionist designs

3. The items of examination Package can't request replacement item or refund. However, if the physician assessment should not do this check may exempt

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